



**Vivekananda Kendra -Nardep
Kanyakumari - 629702**



**Refresher training programme cum
Eco-Field Study Tour**

01. Name of the Organization : Oyster Matric School &Oyster
Vidyamandir Teacher
Thiruvavarur Dist.
02. Date : 13-05-2026 to 16-05-2026
03. Venue : Technology Resource Centre,
Anjaneyapuram, Kanyakumari
04. Programme Schedule : Annexure I
05. Participants : 50 Nos. Annexure II
06. Photo Gallery : Annexure III



Annexure - I
Programme Schedule

1st Day: - 13-05-26 (Wednesday)

- 15:30 hrs - Reaching campus
- 16:00 hrs - Tea
- 17:00 hrs - Inaugural session
- 18:30 hrs - In tune with Nature
- 19:30 hrs. - Ice Breaking -Games
- 20:30 hrs - Dinner
- 22:00 hrs - Switch off

2nd Day: - 14-05-26 (Thursday)

- 05:00 hrs - Get up
- 05:15 hrs - Tea
- 05:30 hrs. - Prayer and Yogasana
- 06:30 hrs - Visit to Beach
- 07:15hrs - Ablution
- 08:15 hrs - Breakfast
- 09: 00 hrs - Inspiration and Environment in day today life
- 09:30 hrs - Green technologies for SDG's Goal - V.Ramakrishnan
- 11:00 hrs - Tea
- 11:30 hrs. - Siddha system of Medicine - preventive health care -
Dr.Muthushanthi
- 13:00 hrs - Lunch
- 14:00 hrs - Visit to Vivekananda Rock memorial, Tiruvalluvar statue, temple
etc.,
- 19:00 hrs - Return to the campus
- 20:30 hrs - Innovative games
- 22:00 hrs - Switch off

3rd Day: 15-05-26 (Friday)

- 05:00 hrs - Get up
- 05:15 hrs - Tea
- 05:45 hrs. - Prayer and Yogasana
- 07:15hrs - Ablution
- 08:15 hrs. - Breakfast
- 09:00 hrs. - Environment in Day today life
- 09:30 hrs. - SWOT Analysis -G.Vasudeo ji
- 10:30 hrs. - Tea
- 11:00 hrs. - Whom am I? -
- 13:00 hrs. - Lunch and Rest
- 14:30 hrs. - Visit to Vivekanandapuram campus
- 15.00 hrs - Amutha kutumbam -Shri. Vijayaragavan
- 15:30 hrs - Tea
- 16:00 hrs - Ramayan darshan, Vasudha Exhibition etc.,
- 19:30 hrs - Return back to campus
- 20:00 hrs - Dinner

4th Day: 16-05-26 (Saturday)

- 05:00 hrs - Get up
- 05:15 hrs - Tea
- 05:45 hrs. - Visit for Sun rise
- 07:15hrs - Ablution
- 08:15 hrs. - Breakfast
- 09:00 hrs. - Environment in Day today life
- 09.30 hrs - Session I- Value Education
- 10:30 hrs. - Tea
- 11:00 hrs. - Session -II
- 12:00 hrs. - Concluding session
- 13:00 hrs. - Lunch



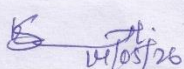
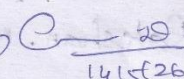
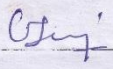
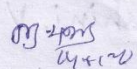

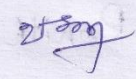
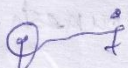
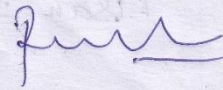
Annexure - II
Participants List

**“Refresher Training” Programme for
Oyster Matric School & Oyster Vidyamandir Teachers, Thiruvarur Dist.**

Place : Technology Resource Center,
Anjaneyapuram, Kanyakumari.

Date: 13th May to 16th May, 2026

Participants List


Sl.No	Name and Address of the Participants	Signature
1.	N. Nagammal Principal Oyster Learning Initiative matric Hg. Se. School, Ammaiyapper mail - nagammalchandra sekaran10@gmail.com	
2.	R. Saraswathi MAIL : saraswatli 94867 @ gmail . com Mobile . No : 6382456386	
3.	D. Geetha [geetharaja bhp @ gmail . com] mob . no : 9345691872	
4.	C. Jayasri mail : harish 1511979 @ gmail . com Mobile no : 9345058701	
5.	R. BHUVANA mail ID : Bhuvabhuvan2@gmail.com cel.no : 7339213871	
6.	J. RABINA MAIL ID : rabinajoseph01@gmail.com MOBILE NO : 6374702332	
7.	V. RAJA A. V. A. Nandan road, East Gate post, Thanyanur kingly62@gmail.com 8129550554	
8.	D. VEERAKUMAR (CO-ORDINATOR) kumar - phy @ 89 gmail . com 9092070802	
9.	V. Priyadharshini Priyadharshini217@gmail.com 8270593504	

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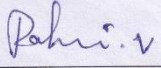
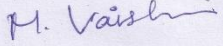
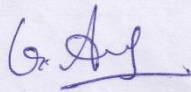
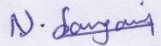



Sl.No	Name and Address of the Participants	Signature
10	Y. Arivuvizhi cell: 8778145594 artist arivuvizhi@gmail.com	
11	Kodhainithila Guruprasad	Kids
12	Rakshan. MP	//
13	Makilmaran. GIT	//
14	Seshini. V	//
15	Sri Lokeshwaran. S	//
16	Rohith. K	//
17	Mounesh. V	//
18	Lisan Dro Abraham	//

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19	M. Parkavi, T.T.P Main road Thennavarayanallur, Thiruvarur (DT) Main oyster Thiruvarur	 82
20	M. Vaishnavi, Thiruvarur, Maiporul Nagar, Dhurgalaya Road Vaishnavimuthiyar 2000 @gmail.com	 85
21	G. Archana 3/254 A Nadar Street Manabul Aygenpet archanagura@gmail.com	 88
22	N. Sangavi 60-B, Dhurgalaya road, Maiporul nagar, Thiruvarur- 610 001 9443864362	 15
23	M. Suvenga Suvengamma@gmail.com 8940687659	 83
24	M. Desika mdesika7@gmail.com 7305347384	 88
25	S. Sandhiya ssandhiya0210@gmail.com 8220434423	 45
26		
27		

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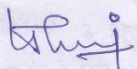
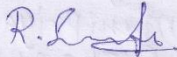


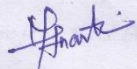
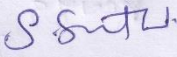


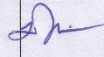
Sl.No	Name and Address of the Participants	Signature
26	P. Mahalakshmi w/o V. Prabakaran 1/103/1 T.T.P Main Road, Kattathupalam Kudoor, Mangadi - Post, Thiruvarur. Pin - 610103	P. Diji
27	S. Gayathri 60/B, Durgalaya road, Meiporul nagar, Thiruvarur. 610001 6379899868	S. Gayathri
28	S. Sathya 9655461377	S. Sathya
29	N. Banupriya 9500576195	N. Banupriya
30	K. Deepa 9360426099	K. Deepa
31	Sargunam . R 7397145228	R. Sargunam
32	Niveelha V. 7401010170	V. Niveelha
33	Rajalakeshmi - N 9688560921	N. Rajalakeshmi
34	Harini . S 9788508505 harilogas2002@gmail.com	S. Harini

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

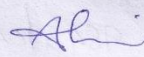
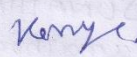
Sl.No	Name and Address of the Participants	Signature
36	K. Thenmozhi, 1-55, nypu Kadai Street Main Road, Perumpanaiyur, Thiruvvarur. Ph: 7550387098	
37	R. Sumanja Ph: 9952580728 465, Oranthoppa Street Thirucheral (Tanjaver Dt)	
38	C. Sashmiya Ph: 6380052905 225, New Street, Natukkal Mandapam, Thiruvvarur.	
39	A. Kayalvizhi, mob: 9962416689	
40	M. Ananthi 9843904421	
41	S. SUNATHRA Sumathra 315@1@gmail.com 9500856399	
42	M. VENUGOPAL mvenuece@gmail.com 9994037423	
43	V. VEERAKUMAR veerakumar.1999@gmail.com 9500984227	
44	S. Sivaraman. Sivaraman1992@gmail.com 9965893467.	

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46 68	Priya.M manipriya 967@gmail.com. 8754234319	
47 69	Swathi.K Swathi.kannan 063@gmail.com 9514456851	
48 70	Parameshwari.S Parameshwari5046@gmail.com 6381605668	
49 71	Abinaya Abinayaa 46@gmail.com 8870753775	
50	Kenya Kenya	



Highlights

VASUDHA - Vivekananda Academy for Sustainable Development and Holistic Advancement

The four-day Eco-Field Study Tour conducted at Vivekananda Kendra, Kanyakumari, from 13th to 16th May 2026 was a meaningful and enriching learning experience for all participants. The programme successfully combined environmental awareness, value-based education, cultural heritage, yoga, and sustainable living practices.

The sessions on eco-friendly technologies, Siddha medicine, value education, and personal development provided practical knowledge and inspiration for both personal and professional growth. Visits to important cultural and spiritual landmarks further deepened participants' understanding of India's heritage and ecological responsibility.

The disciplined routine, interactive activities and holistic learning environment helped participants develop teamwork, self-confidence, punctuality, and social awareness.

The participants express their sincere gratitude to the management and resource persons of Vivekananda Kendra for their warm hospitality, guidance, and well-organized training programme. The experience will remain a valuable source of learning and motivation for all.



Annexure - III
Photo Gallery



Inaugural lighting of the lamps and prayer



Street play on "Environment in day today life"



Shri.G.Vasudeo, Secretary, VK-Nardep interacting with the participants



Sri.V.Ramakrishnan, Director, VK-Nardep explaining Green technologies on different verticals such as (i) Construction (ii) Water (iii) Agriculture (iv) Health and (v) Energy

