



Vivekananda Kendra -Nardep Kanyakumari - 629702



Refresher Course for Rameswaram Family Members

01. Name of the Organization : Vivekananda Kendra - NARDEP,
Kanyakumari
02. Date : 05-05-2026 to 07-05-2026
03. Venue : Technology Resource Centre,
Anjaneyapuram, Kanyakumari
04. Programme Schedule : Annexure I
05. Participants : 82 Nos. Annexure II
06. Photo Gallery : Annexure III



Annexure - I

Programme Schedule

<u>Day -I</u> (05-05-2026- Tuesday)	<u>Day-2</u> (06-05-2026 - Wednesday)
09:00 : Registration 10:00 : Inaugural 10:30 : Session -I- Primary Health care 11:15 : Session -II – Amirtha kudumpam 12.00 : Yogasana - 13:00 : Lunch and Rest 14:00 : VK-Rock Memorial , Kanyakumari Amman Temple visit 18:30 : Return to Anjanepuram 19:30 : Dinner 20:30 : Night Assembly 21:30 : Lights Off	05:00 : Wake up 05:30 : Prayer 06:00 : Yoga 07: 00 : Ablution 08:00 : Breakfast 09:00 : Inspiration - 09:30 : Session -I 10.30 : Tea - 10:45 : Session -II 12:00 : Group Discussion and presentation 13:00 : Lunch 14:30 : start for Vivekanandapuram 15.00 : Session -III – 15;30 : Session -IV – 16:30 : Tea - and games 18:00 : Ramayana Exhibition, Vasudha Exhibition 19:30 : Night Assembly 21:30 : Lights Off
<u>Day -3</u> (07-05-2026- Thursday)	
05:00 : Wake up 05:30 : Prayer 06:00 : Sun Rise 07:00 : Ablution 08:15 : Breakfast 09:00 : Session -I – Functions 10:00 : Session -II – song practice 10.00 : Importance of Teertha Mithra 10:45 : Tea 11:00 : Teertham Mitra Group Discussion and presentation 12:00 :Concluding programme. 13:00 : Lunch 14: 00 - Vivekanandapuram	



Annexure - II

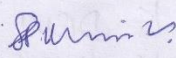
Total No. of Participants - 82

"Refresher course for Family members"

Venue: Technology Resource Center
Anjaneyapuram, Kanyakumari.

Date: 05th to 07th May, 2026

Participants List

S.N	Name of the Participants	Signature
1	S.P. MUNIYASAMY Vivekananthar nagar Pomban - 623 521	 9842581728
2	M. SIYAMALA V. Nagar Pomban	M. Siyamala 7418651040
3	M. Rajendran V. Nagar Pomban	M. Rajendran 9629667477
4	S. PADMA NATHAN Thitchithal Kollai Rameswaram - 623526	S. Patsy 9095182746
5	P. KARPOORA SAKTHI T. Kollai Rameswaram	P. Karpoorasakthi 9095182746
6	P. NITHISH T. Kollai Rameswaram	P. Karpoorasakthi 9095182746
7	K. KARPAGIYAVALLI THEECHATHARKOLLAI RAMESWARAM - 623526	Kunt 8838050641
8	K. JEEVANTH THEECHATHARKOLLAI RAMESWARAM	Kunt 8838050641
9	K. DHARUNYA THEECHATHARKOLLAI RAMESWARAM	Kunt 8838050641

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10	K. DEVI V. Nagar Pemban	K. DEVI 8870442603
11	D. VELAMMAL V. Nagar Pemban	D. VELAMMAL 7397635165
12	P. MAGESWARI ERAKADU Room	P. MAGESWARI 9585465974
13	P. VISHWA ERAKADU Room	P. VISHWA 7418485974
14	S. KANAGAVALLI Meyyanpuli Room	S. KANAGAVALLI 8667877109
15	S. SUBHA SRI Meyyanpuli Room	S. SUBHA SRI 8667877109
16	N. REVATHI Sambai Room	N. REVATHI 8056647629
17	N. SELVI Railway South Room	N. SELVI 9488115831
18	M. MAGESWARI Railway South Room	M. MAGESWARI 9698622035

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19	M. MUTHUMARI Railway South Rm	M. Mathu Mari 8056647623
20	K. NISHA KUMARI Elakadu Rm	K. nishu 9585864298
21	K. ASWANTHA Elakadu Rm	K. Ashwanth 9585864298
22	A. MANIMEGALAI Bharathiyar st, Pomban	A. manimegali 8838952303
23	A. KALANJAYA SIVAKUMAR Bharathiyar st Pomban	Kalanjayasiva kumar
24	A. TAMIZH RAJA Bharathiyar st Pomban	Tamizh Raja
28	A. HARI HARSAN Bharathiyar st Pomban	Hari harsan
26	G. MAHALAXMI Bharathiyar st Pomban	G. Mahalaxmi 9843750298
27	G. MURUGA SANTHISA SRI Bharathiyar st Pomban	G. Muruga Santalisa Sri

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S.N	Name of the Participants	Signature
28	S. Sangeetha vivekanandha nagar	9092800721 S. Sangeetha
29	S. Jithresh vivekanandha nagar	S. Jithresh
30	S. Sarmathi vivekanandha nagar	
31	B. Seetha lakshmi vivekanandhar nagar	8056760709 B. Seetha lakshmi
32	B. Dhavish B. Pugal M. lakshmi	M. Dhavish
33	J. Ganga Devi Barathiyar Theru	860 800 9828 J. Ganga Devi
34	J. Moni Barathiyar Theru	M. Monika Sani
35	M. Vijaya lakshmi vivekanandhar nagar	m. vij 7010894567
36	M. Dharshith. M. Sabari V.k nagar	M. Dharshith

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37	M. Dhana bal v.k nagar	63800 99637 m. Dhana bal
38	D. Ramya D. veera kishor v.k nagar	J. J. J. J.
39	M. logeshwari Barathiyar Tharu	8807121230 m. logeshwari
40	M. rupan M. Tamizh Amudhu	m. Rupan
41	A. Sivan v. Nagu Pambar	88 25775147 A. Sivan
42	G. Yogeshwaran marthooppu Ramesharam	9486818370 G.Yogesh
43	S. Gayathri v. ranganathanagar. Pambar	9791366217 S. Gayathri
44	S. mahitha . v. nagan .	9791366217 S. Mahitha
45	S. mathi vathani v. nagan .	9791366217 S. mathi vathani

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46	G. Sakthi v. nazar.	9894 25 2200 G. Sakthi
47	M. Kavi Bhosathi v. nazar	6369931103 M. Kavi Bhosathi
48	N. Kertigai Selva Thangachi madam.	9047863070 N. Kertigai Selva
49	N. Gokul varadhith Thangachi madam.	9047863070 N. Gokul varadhith
50	M. Gokul yadhes v. nazar	6369931103 M. Gokul yadhes
51	K. Rasu Esakadu	9843926898 K. Rasu
52	R. Shanthi Esakadu.	9843926898 R. Shanthi
53	Thirai pushpam Sambai	9994485198 Thirai pushpam
54	K. Balaguru Rameswaram	8807497841 K. Balaguru

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55.	பா. அலகாஸ்வரி கிளம்பலமீட்டம் 915088825811	
56	சி. கிந்திரா காந்திராபி 8883878490.	
57	V சந்திரசேகர்தேவ் S. KULU 9843650446	
58	S. சித்ரா SKULU 9597434223	S. Aithya
59	M. பரிசுவாரி SKULU 9655845592	M. Pariswari
60	R. நம்பு வரத்தி SKULU	R. Nambu Varthini
61	G. சந்திரசேகர் SKULU	G. Dhanshika Sikri
62	D. லக்ஷ்மி SKULU 9655845592	M. Lakshmi
63,	Sakunthala. Rameswararam, 8973272675	R. Sakunthala

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64.	M. JANANI; 8680909287, Rameswaram.	M. Janani
65.	R. Thillai keerthi. Verlan Rameswaram. 8970292625	R. Thillai keerthi
66.	S. Prema vivekanandhar nagar	4378024213 S. Prema
67.	S. Dharani S. Dharshini	S. Dharani S. Dharshini
68.	S. Latha vivekanandhar nagar	8608767795 S. Latha
69.	S. Kishor kumar S. Sadhana	S. Kishor kumar S. Sadhana
70	V. Rekha 6374430747 V. Velunadhiyari.	V. Rekha V. Velunadhiyari
71.	M. Bharath Kumar , 9344352767	M. Bharath Kumar
72.	V. Saraswathi	V. Saraswathi

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73	Dharshini V.K.Nagar Pamban.	Dharshini
74	S. Sadhana. V.K.Nagar Pamban.	S. Sadhana.
75	Vellu natchiyar Vallai Nagar, Rameswaram	natchiyar
76	M. Sabari V.K.Nagar Pamban.	M. Sabari.
77	D. Veera Kishore V.K.Nagar Pamban.	D. Kishore
78	M. Janin Amuth.	M. Tamil.
79	V. Nagu. V.K.Nagar Pamban.	V. Nagu
80	B. Dharvish.	B. Dharvish.
81	B. Pugal.	B. Pugal.

82, Mathi Vathani

S. Mathivathani



Annexure - III

Photo Gallery



Shri.V.Ramakrishnan, Director, VK-Nardep interacting with the family members



Happy assembly conducted by Sis.Saraswathi



Smt. Geeta explaining the concept of Amrita Kutumbam

