

## "Refresher course for TWAD board Officials"

1. Name of the Organisation : Vivekananda Kendra - NARDEP  
Kanyakumari – 629 702
2. Venue : Technology Resource Center  
Anjaneyapuram, Kalluvilai
3. Duration : 5 days (Residential)
4. Dates : 17.12.2007 - 21.12.2007
5. Participants : 30 Nos. (**Annexure - I**)
6. Medium of instruction : Tamil/English
7. Communication method :
  - ❖ Interactive sessions
  - ❖ Group reading and presentation
  - ❖ Street play
  - ❖ Reporting
  - ❖ Power point presentations
8. Daily routine , Syllabus  
Resource persons etc. : **Annexure - II**
9. Highlights : Participatory training – Group wise duties  
**Annexure - III**
10. Experiences:

Shri.Haridas:-

- Wife used to scold me for indiscipline. After coming here, I understood the value of it.
- After acting in street play, I realised my capacity not only to act but also as a director.
- After attending the camp, I started contemplating seriously about my life's journey.
- After a long - long gap, I laughed very much in this camp.
- This training is a must for all the TWAD staff members.

Shri.Ayyadurai:-

- Like vehicle servicing, camp helped in servicing our Body, Mind, Intellect and Soul.
- Every year such refresher course should be organised

Shri.Jaganathan:-

- It is not only a Natural Resources Centre but also a centre for Body Mind and Soul.
- Action song performed during night assembly comes to my mind all the time.
- Camp helped in releasing the stresses, as we were enjoying the sessions and laughing during the night assembly.
- Add Meditation in the syllabus
- Understood the concept of subconscious mind
- Whatever I learnt here, I will spread to others
- Training gave me an opportunity to come closer with my colleagues

Shri.Devarajan:-

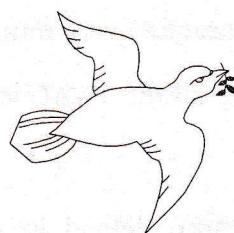
- First time, I was introduced to Yogasana and breathing techniques
- Serving food was a wonderful experience
- We were always looking forward for the night assembly as it was not only relaxing but also enlightening.

Shri.Rohamascrenhas:-

- We become children after coming to this workshop
- Understood the value of introspection

11. Valedictory function : **Annexure - IV**

12. Photos in Action : **Annexure - V**



## Annexure - IV

### Refresher course for TWAD board Officials From 17<sup>th</sup> to 21<sup>st</sup> December, 2007

#### Concluding Function

12.30 – 12.35	- Prayer	- Shri.Gopinathan
12.35 – 12.40	- Welcome Address	- Shri.Arumugam
12.40 – 12.50	- Camp Reporting	- Shri.Rajendraprasad
12.50 – 12.55	- Songs	- Shri.V.Ramakrishnan
12.55 – 1.10	- Experiences	<ul style="list-style-type: none"><li>➤ Shri.Jaganathan</li><li>➤ Shri.Haridoss</li><li>➤ Shri.Ayyathurai</li><li>➤ Shri.Devarajan</li></ul>
1.10 – 1.25	- Felicitation and Certificate Distribution	- Shri.K.Balakrishnanji Vice President Vivekananda Kendra
1.25 – 1.30	- Vote of thanks	- Shri.Rosan
1.30	- Shanti Mantra	- Shri.V.Ramakrishnan

