

“Refresher course for TWAD board Officials”

1. Name of the Organisation : Vivekananda Kendra - NARDEP
Kanyakumari - 629 702
2. Venue : Technology Resource Center
Anjaneyapuram, Kalluvilai
3. Duration : 5 days (Residential)
4. Dates : 17.12.2007 - 21.12.2007
5. Participants : 30 Nos. (**Annexure - I**)
6. Medium of instruction : Tamil/English
7. Communication method :
 - ❖ Interactive sessions
 - ❖ Group reading and presentation
 - ❖ Street play
 - ❖ Reporting
 - ❖ Power point presentations
8. Daily routine, Syllabus : **Annexure - II**
Resource persons etc.
9. Highlights : Participatory training - Group wise duties
Annexure - III
10. Experiences:

Shri.Haridas:-

- Wife used to scold me for indiscipline. After coming here, I understood the value of it.
- After acting in street play, I realised my capacity not only to act but also as a director.
- After attending the camp, I started contemplating seriously about my life's journey.
- After a long - long gap, I laughed very much in this camp.
- This training is a must for all the TWAD staff members.

Shri.Ayyadurai:-

- Like vehicle servicing, camp helped in servicing our Body, Mind, Intellect and Soul.
- Every year such refresher course should be organised

Shri.Jaganathan:-

- It is not only a Natural Resources Centre but also a centre for Body Mind and Soul.
- Action song performed during night assembly comes to my mind all the time.
- Camp helped in releasing the stresses, as we were enjoying the sessions and laughing during the night assembly.
- Add Meditation in the syllabus
- Understood the concept of subconscious mind
- Whatever I learnt here, I will spread to others
- Training gave me an opportunity to come closer with my colleagues

Shri.Devarajan:-

- First time, I was introduced to Yogasana and breathing techniques
- Serving food was a wonderful experience
- We were always looking forward for the night assembly as it was not only relaxing but also enlightening.

Shri.Rohamascrenhas:-

- We become children after coming to this workshop
- Understood the value of introspection

11. Valedictory function : **Annexure – IV**
12. Photos in Action : **Annexure - V**



Annexure - IV

Refresher course for TWAD board Officials From 17th to 21st December, 2007

Concluding Function

| | | |
|---------------|---|---|
| 12.30 – 12.35 | - Prayer | - Shri.Gopinathan |
| 12.35 – 12.40 | - Welcome Address | - Shri.Arumugam |
| 12.40 – 12.50 | - Camp Reporting | - Shri.Rajendraprasad |
| 12.50 – 12.55 | - Songs | - Shri.V.Ramakrishnan |
| 12.55 – 1.10 | - Experiences | |
| | | ➤ Shri.Jaganathan |
| | | ➤ Shri.Haridoss |
| | | ➤ Shri.Ayyathurai |
| | | ➤ Shri.Devarajan |
| 1.10 – 1.25 | - Felicitation and Certificate Distribution | - Shri.K.Balakrishnanji Vice President Vivekananda Kendra |
| 1.25 – 1.30 | - Vote of thanks | - Shri.Rosan |
| 1.30 | - Shanti Mantra | - Shri.V.Ramakrishnan |

