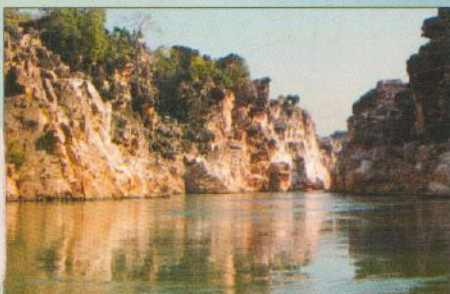
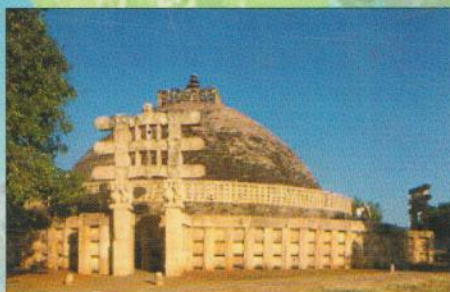
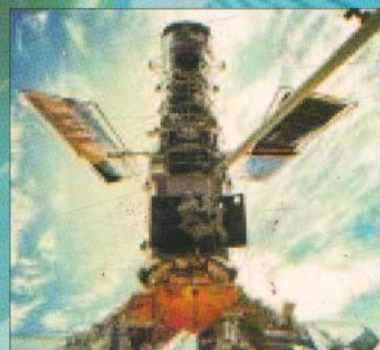


Abstract

भारतीय विज्ञान सम्मेलन Bhartiya Vigyan Sammelan

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CLINICAL STUDY ON SIDDHA HERBAL FORMULATIONS IN THE MANAGEMENT OF ERAIPPU ERUMAL (BRONCHIAL ASTHMA)

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Vivekananda Kendra – NARDEP

With increasing air pollution, prevalence of KASAM (Bronchitis) and Eraippu erumal (EE) (Asthma) are constantly on the rise. Today the prevalence of lung diseases like EE, Kasam and Kapha diseases etc is around 20% - 25% especially in the urban areas.

The person suffering from EE have to take medications regularly for a long time, as he has to live in the polluted environment and feel comfortable to do his routine work. Western medicines have their own toxic ill effects and the acceptability is not always hundred percent. Sometimes it paves the way for other diseases also.

There is a need for holistic indigenous traditional medicine, which has to be very effective, non-toxic, affordable and acceptable especially for those who are suffering from mild kapha dominant disorder like Er.E. (we can say Grade I to early grade II of Asthma).

With these objectives, VK-Nardep Green health home, Kanyakumari and Siddha Herbal Research Institute, Tirunelveli have developed a poly herbal formulation such as Panchamuha churnum (PMC) and Adathodai ennai (AE) which are pilot clinical research have proved to be very effective and non toxic, safe for long term use and these are very simple prepare.

Both medicines are being used by many rural vaidyas in Kanyakumari, Tirunelveli and Tuticorin district. Vivekananda Kendra – NARDEP is conducting mass and selected crude clinical research from 2002 onwards.

So the paper will focus the effects on above said joint medications of PMC & A.E. Patient monitoring analysis, traditional Siddha concept on the selected medicines, and experience on the studies will be elaborated on this paper. Thus this paper will evaluate the efficacy of the drugs (PMC & A.E)



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