

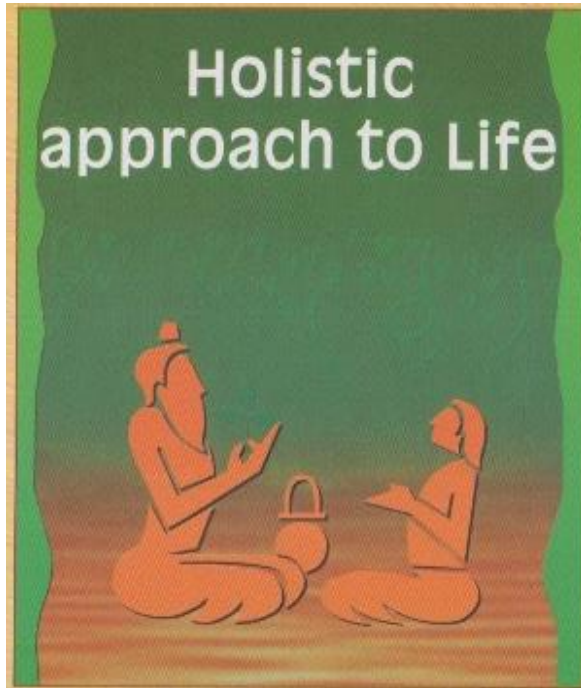
Echoes of Eco



March, 2019

Vivekananda Kendra- nardep Newsletter

Vol:11 No: 1



One day a saint dispatched his disciple to bring a few leaves from a tree. When the disciple broke a whole branch and was taking it, the saint stopped him and said: "Don't you know, you fool that if any part of this destroyed, you too will become less to that extent? When this tree stood before us, full and green, we too in a manner were also full and green. Today, its wound has caused a scar within us also. We are not apart from each other".

The saint said further: "If there is an attitude of friendship, of companionship amongst various parts of Existence, if there is a feeling of oneness with each other instead of overpowering each other, a wonderful music is created in life".

This very music is Religion - Spirituality and is Rit. (Cosmic harmony)

In this issue:

- Story - Holistic approach to Life
- The Happenings
- Visions of Wisdom:
 - Get the clutter out of the way
 - New Frame of Reference
 - Indian Philosophy antidote to Cartesian Partition



My salutation is to the God of Rain / Water, the one who nourishes the entire Universe

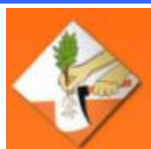


Varun Devata



"Ask the right questions, and nature will open the doors to her secrets"

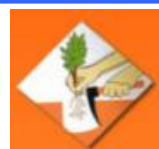
- C.V.Raman



Happenings this month:
Sustainable Agriculture



Happenings this month:



Happenings this month:
Sustainable Agriculture

Training programme on "Organic farming" was held at J.C.Bose Nursery on 2nd March. 13 participants attended the training. Smt.S.Premalatha was the resource person.



Participants learning through power point presentation

07 students from Vivekananda College, Agasteeswaram visited J.C.Bose Nursery on 9th March as a part of Study tour. Students learned Vermi culture technology.



Students at J.C.Bose nursery standing in front of Vermi compost tank



Space is not a restriction
only the mind matters ...

Ms.Kaleeswari
Mankaadu village
Rameswaram
Mob:9362432965



Ms.Kaleeswari is a garden lover. She is thankful to Vivekananda Kendra for the training provided in December 2018. She learnt the techniques of organic compost making and the kit given to her is very useful especially the panchagavya and the vermi compost. She has not used grow bags however she has planted seeds in the ground and expecting good yield. Although, she is a resident of Mankaadu village, surprisingly her well water is not that salty and hence it is possible to have a kitchen garden. She has planted Tomato, Cluster beans, Raddish, Brinjals, Mulberries etc. in her garden. With the available small space, she can give a nutritious food to her children.



"You can't always choose who comes into your life but you can learn what lesson they teach you"

-C.V.Raman



Happenings this month:
Holistic Health



Happenings this month



Happenings this month:
Holistic Health

Workshop on "Traditional Siddha Varma Bone Setting Practices" was held at Technology Resource Center on 18th and 19th March. 29 Vaidyas, Students attended the training. Dr.V.Ganapathy and his team acted as resource persons.



Varma Camp at natural atmosphere

Green health home worked for 3 days and treated 128 patients.

Dr.V.Ganapathy gave a guest lecture on "Need to propagate VARMA system" at Lakshmi Seva Sangam, Gandhigram, Dindigul on 25th March. 120 participants attended.



Dr.V.Ganapathy giving lecture on Varma System



Practical demonstration during Varma camp



Treating lady patient during Green Health Camp at Rameswaram

"Siddha Varma Green Health Camp" was held at Green Rameswaram building, Mangammal Chatram, Rameswaram on 26th March. 25 patients were benefited. Medicines given for 15 days. Dr.V.Ganapathy and his team acted as resource persons.



"If someone judges you, they are wasting space in their mind. Best part, it is their problem"

- C.V.Raman



**Happenings this month:
Networking**



Happenings this month:



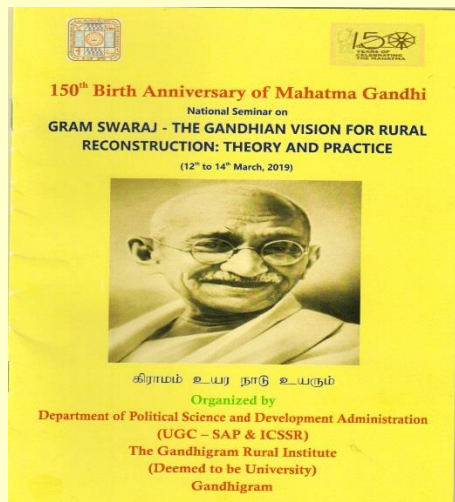
**Happenings this month:
Renewable Energy**

400 member of Dist. Watershed Development Agency, Virudhunagar visited Gramodaya Park on 12th and 21st March as a part of Field visit. Participants learned Water management technologies.



Participants posing for photo at the entrance of Gramodaya Park

Shri.G.Vasudeo presented a paper on "Science and Technology for Gram Swaraj" during National seminar on "Gram Swaraj - The Gandhian Vision for Rural Reconstruction: Theory and Practice" on 13th March at Gandhigram Rural University, Gandhigram. 250 participants attended the programme.



**Construction of Portable Type Bio-methanation plants:
IFAD, Ramanathapuram 1cum - 29 nos.**



Shri.P.Veera Singh, DGM, NABARD Chennai along with Dist. Manager, Kanyakumari Shri.Shailesh visited Vermi Wash unit on 5th March at Biley Horticulture Research and Development Farm.



Shri.S.Rajamony explaining the Vermi Wash technology



"I am the master of my failure..... If I never fail how will I ever learn"
- C.V.Raman



Visions of Wisdom



Get the clutter out of the way

Technocrats tell us we can't go backward, we can't refuse technology, because, then we won't progress. We are told that life is increasingly complex, that is the way it is, and that a company must keep growing otherwise it will die. If this is all true, then we are doomed.

Going back to a simpler life based on living by sufficiency rather than excess is not a step backward; rather, returning to a simpler way allows us to regain our dignity, puts us in touch with the land and makes us value human contact again.

This direction is very pleasing to the Soul.



New Frame of Reference

James Lovelock suffered stinging attacks from people who thought he was too emotional. But his concept of Gaia, the Earth as a homeostatic system that regulates itself so that environmental factors such as temperature range, salinity, redox-effect, acidity, mixture of gases in the atmosphere, cloudiness etc. remain within what is appropriate for life, lends itself both to a strictly scientific interpretation and to more mythological ways of looking at the world, which is what most people need.

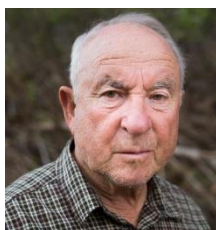


Indian Philosophy antidote to Cartesian Partition

"The Cartesian Partition, has penetrated deeply into the human mind during the three centuries following Descartes, and it will take a long time for it to be replaced by a really different attitude toward the problem of Reality".

In 1920, Heisenberg spent some time in India with poet Rabindranath Tagore, with whom he had long conversations about science and Indian Philosophy. This introduction brought Heisenberg great comfort. He began to see the recognition of relativity, interconnectedness, the impermanence as fundamental aspects of physical reality, which had been so difficult for himself and his fellow physicists, was the very basis of the Indian spiritual tradition.

Yvon Chouinard
American Rock climber,
Environmentalist and
Businessman



Fritjof Capra
Physicist, Systems
Theorist and Deep
Ecologist



**Werner
Heisenberg**
Key pioneers of
quantum
mechanics

