

Echoes of Eco

October, 2023

Vivekananda Kendra- nardep Newsletter

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Label Makers

Life is like a heady wine
Everyone reads the label on the bottle
Hardly anyone tastes the wine.



Buddha once pointed to a flower
And asked each of his disciples to say
Something about it.

One pronounced a lecture. Another
A poem, yet another a parable. Each
Outdid the other in depth and erudition

All label makers

Mahakashyap smiled and held his tongue
Only he had seen the flower.
If I could only taste a bird
A flower
A tree
A human face!

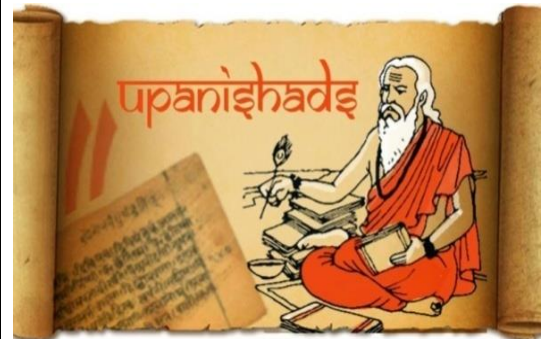
But alas, I have no time
My energy is spent deciphering the label



In this issue:

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 - Paap and Punya
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Greatness of Upanishads



*"The one fact I found is that
in all the Upanishads, they
begin with dualistic ideas, with
worship and all that, and end
with a grand flourish of
Advaitic ideas"*



Anand Vivekananda



"If we cannot envision the world we would like to live in, we cannot work towards its creation. If we cannot place ourselves in it in our imagination, we will not believe it is possible"

- Chellis Glendinning



Happenings this month:
Holistic Health



Happenings this month:
Holistic Health



Green Health

Green health home worked for 11 days. 155 patients treated. In addition, 59 people underwent Varma massage



Varma massage on neck by masseur Ramesh

Training programme on "Varma Bone Setting"

2nd year, 4th module of "Traditional Siddha Varma Bone Setting Practices" was held at Technology Resource Center, Anjaneyapuram on 6th and 7th October. 33 participants attended this programme. Dr.V.Ganapathy and his team acted as resource persons.



Clinical importance of varma points of Trunk - Siddha varmam aspects - Dr.Rajasekar in action



Dr.Balaji interacting on "General Anatomy of Trunk"



Dr.Muthu Shanthi doing power point presentation on "Varmam Adangal points of Trunk"



Medicine preparation is on ...

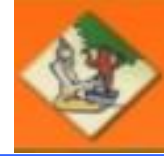


"It is not just contemporary industrial society that is dysfunctional; it is civilization itself. Our well being and the well-being of the very planet depend on our pursuance of our given place within the natural world"

- Chellis Glendinning



Happenings this month:
Holistic Health



Happenings this month:
Holistic Health

Training programme on "Varma Bone Setting"

1st year, 4th module of "Traditional Siddha Varma Bone Setting Practices" was held at Technology Resource Center, Anjaneyapuram on 12th and 13th October. 36 participants attended this programme. Dr.V.Ganapathy and his team acted as resource persons.



Live demonstration - Varma massage treatment



Special varmam points of upper limb - Dr. Ganapathy



Varma Kalari practice is on ...even ladies too can practice



Vai. Paal Aasan interacting with the participants



Medicine preparation is on



"The important thing is to go back to wholeness. It's time for human beings to come into a sustainable world"

- Chellis Glendinning



Happenings this month:
Holistic Health



Happenings this month:
Holistic Health



Planting and semi-processing of herbs - Project "Harit Aarogya" at Kanyakumari

In the month of October, implementation of the project started by distribution of material such as seedlings, vermi compost, sturdy pans for planting, hosepipe etc. L&T Technology Services, Bangalore, sponsored this project.



Stakeholder receiving vermi compost and sturdy pans for plantation



Farmer Subramaniam relaxing after the hard work - plantation of medicinal herbs

Study tour

30 students from Vivekananda polytechnic, Agasteeswaram visited Gramodaya Park on 20th October. They learned Sustainable Development technologies.



Children too are enjoying in helping their mother by nurturing the plants



Shri. Ramakrishnan interacting with the students



"People tend to personalize technology so they can't get to the systemic analysis. They say, "Oh, I can't give up my personal computer. "Or, I just love radio too much"

- Chellis Glendinning



Happenings this month:
Sustainable Agriculture



Happenings this month:
New and Renewable Energy

"Green Livelihood technologies"- Project Harit Aajeevika at Rameswaram

In the month of October, selection of beneficiaries and distribution of vermi compost trays was carried out. L&T Technology Services, Bangalore, sponsored this project.



Mother nursery of Azolla at Green Rameswaram project office



Fiber glass containers for establishing vermi compost unit

Commissioning of "Bio-methanation Plant"

In the month of October, five number of 6 cum Bio-methanation plants (Portable) commissioned at Tenkasi district



Shri.Muneeswaran explaining the Do's and Don'ts - Shakti Surabhi Bio-methanation plant



Board depicting the details of Shakti Surabhi plant



"A whole new series of technologies like biotechnology, virtual reality, and super-computerization are appearing now that are leading us away from our nature-based roots"

- Chellis Glendinning



Happenings this month:
Networking



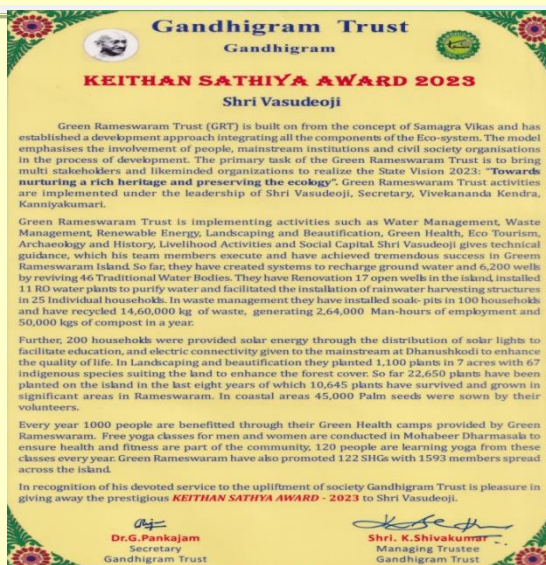
Happenings this month:
New and Renewable
Energy Sources

"Keithan Sathiya Award"

Gandhigram Trust celebrated 76th anniversary on 7th October. On this occasion they honoured our Secretary Shri.G.Vasudeo by giving 'Keithan Sathiya Award' for his contribution in developing Green Resilient Rameswaram.



Shri. Vasudeo receiving the award from Padma Bhushan
Krishnammal Jagannathan



"Dalmia Bharat CSR Impact Award"

India CSR summit was held on 11th October at New Delhi. During the summit, BrahMos Aerospace Pvt. Ltd., received the award while Vivekananda Kendra - Nardep received the award as an implementing agency.



Shri. Vasudeo receiving the award along with
Shri. Ramasubramanian of BrahMos Aerospace Pvt. Ltd.





"We always want to be going forward. It's scary to go back"

- Chellis Glendinning



Visions of Wisdom



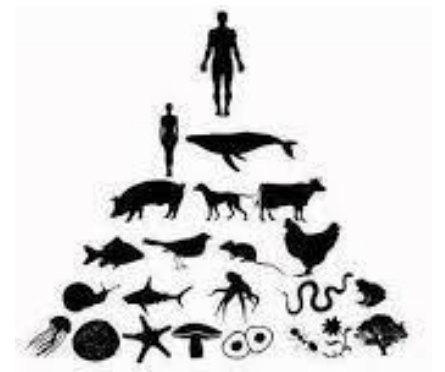
Reverence for Life

One of the specific and important values of the ecological heritage and the one which is of crucial importance is reverence - reverence for life in general, for all life. Indeed a deeper justification of the concepts of 'symbiosis', 'interconnectedness' and 'diversity' are hardly possible without the idea of reverence as being their anchor. We have to teach reverential thinking to children and students. Reverential thinking is not the usual objective thinking plus a bit of piety. Reverential thinking is a new kind of thinking whereby the objects of our understanding and thinking are embraced by our mind in the framework of empathy.



Paap and Punya

Our sages, after having thought about the repercussions of the over use of resources, tried to ingrain some environmental precepts in our daily life. They emphasised that we have an underlying duty and obligation towards the entire biosphere (shristi) because ultimately all resources come from it. On this account, our predecessors made conservation an inseparable part of dharma. In common parlance conservation became virtue and a good deed (punya). Conversely, vandalising resources became a vice or a bad deed (paap).



Be a Trustee of all life forms

Mankind needs to move away from an anthropocentric view of the world to one in which it takes the roles of student and simultaneously trustee and protector of all life forms. This implies, among other things, the realization that, in the natural world as elsewhere, 'There is no such thing as a free lunch': for every man made intervention has its consequences. As Bill Mollison puts it, "For the last 70 years or so, money has been made by the destruction of real wealth (soils and forests) and the debts are now being called in by nature herself"



Henryk Solimowski
Polish Philosopher
settled in America

Darbari Seth
Well known top
ranking industrial
executive of the TATA
group



Alan Herbert
Taken from the article
"Towards a
Sustainable Future"