Echoes of Eco

November, 2022

Vivekananda Kendra- nardep Newsletter

Vol:14 No:09

The Final Attainment - by Tilopa Extracts from the book – Mystics of the East by OSHO



There are only two minds in the word, the Indian and the Greek. The Indian is illogical, and the Greek is logical. The Indian moves into the dark depths, wild depths, where are no boundaries, everything is vague, cloudy. The Greek mind walks on the logical, the straight, where everything is defined and classified.

The Greek mind moves into the known. The Indian mind moves into the unknown, and even more into the unknowable. The Greek mind is absolutely rational; the Indian mind is absolutely contradictory. So if you find too many contradictions in me, don't be bothered. It is the way.... in the East contradiction is the way to relate.

Then came Nagasen. Milanda received him at the gate and the first thing he asked, he said, "I am puzzled: you have come and still you said that you are not".

Nagasen said, "Still I say. So let us settle it here".

A crowd gathered, the whole court came there, and Nagasen said, "You ask".

Milanda asked, "First tell me: if something is not, how can it come? In the first place, it is not, then there is no possibility of its coming – and you have come. It is simple logic that you are".

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Prithvi Suktam



Samudra Vasane Devi, ParvataStanaMandale, VishnupatniNamastubhyam, Pada SparshamKshamasva Me

This is a mark of reverence and respect to Mother Earth and seeking forgiveness for stepping on it with the feet.

Love for the Mother incepts in the womb itself and comes naturally to the conscious of God's creatures. Earth, on the other hand, as it offers lifesustaining elements, is an extension of the same analogy.

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"Our lives begin to end the day we become silent about things that matter"



Dr.Martin Luther King

Nagasen laughed and he said, "Look at this RATHA" - the bullock cart on which he had come. He said, "Look at this. You call it a ratha, a cart".

Milanda said, "Yes".

Then he told his followers to remove the bullocks. The bullocks were removed and Nagasen asked, "Are these bullocks the cart?"

Milanda said, "Of course not".

Then, by and by, everything from the cart was removed, every part. Wheels were removed and he asked, "Are these wheels the cart?"

And Milanda said, "Of course not!"

When everything was removed and there was nothing, then Nagasen asked, "Where is the cart I had comes in?... and we never removed the cart, and all that we have removed you confirmed that this is not the cart. Now where is the cart?"



Nagasen said, "Just like this Nagasen exists. Remove parts and he will disappear". Just crisscrossing lines of energy: remove the lines and the dot will disappear. The cart is just a combination of parts.

You are also a combination of parts; the "I" is a combination of parts. Removes things and the "I" will disappear. That is why when thoughts are removed from consciousness, you cannot say "I", because there is no "I" - just a vacuum is left. When feelings are removed, the self disappears completely. You are and yet not; just an absence, with no boundaries, emptiness. This is the final attainment.





"I have decided to stick with love. Hate is too great a burden to bear" - Dr.Martin Luther King





Happenings this month: Holistic Health





Happenings this month: Holistic Health

Green Health

Green health home worked for 10 days. 153 patients treated. In addition, 67 people underwent Varma massage



Workshop on "Traditional Siddha Varma Bone Setting Practices"

7th workshop on "Traditional Siddha Varma Bone setting Practices" was held on 11th and 12th November at Technology Resource Center, Anjaneyapuram. 34 participants including Doctors, Vaidyas and students attended. Dr.V.Ganapathy and his team acted as resource persons.

Highlights are as follows:

- Rajkumar Aasan taught Silmbam and Adimurai Techniques
- Paal Aasan gave live demonstration on Paediatric varma management techniques.
- Participants prepared two varma medicines for internal and external uses.



Practical demonstration by Vai.Paal Aasan



Vai.Chinnapoo Aasan interacting with the participants



Varma medicine preparation during the training



"Faith is taking the first step even when you don't see the whole staircase"



- Dr.Martin Luther King



Happenings this month: New and Renewable Energy





Happenings this month: New and Renewable Energy



Awareness training programme on "Kitchen waste based Bio-methanation plant"

In the month of November, following awareness programmes were conducted on "Kitchen waste based Bio-methanation plant". Shri.V.Ramakrishnan and Shri.C.Vijayaragavan were the resource persons. The programme was sponsored by BrahMos Aerospace, New Delhi.

	Awareness Programme Kitchen waste based Dio-Methanation Plant" Lengen Waterweite ausder	
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Shri.Ramakrishnan interacting with the participants at Green Rameswaram Project office



Shri.Ramakrishnan interacting with the stakeholders



Participants eagerly listening to Shri.Vijayaraghavan

SI.No.	Date	Venue	No. of participants
1.	4 th	Konar vayal Village,	16
		Mudukulathur Block,	
		Ramanathapuram District	
2.	5 th	Vilathur Village,	13
		Mudukulathur Block,	
		Ramanathapuram District	
3.	8 th	Mohabeer Dharmasala,	23
		Railway station Road,	
		Rameswaram,	
		Ramanathapuram District	
4.	9 th	Mandapam Panchayat,	37
		Rameswaram,	
		Ramanathapuram District	
5.	10 th	Mandapam Panchayat,	18
		Rameswaram,	
		Ramanathapuram District	

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"Life's most persistent and urgent question is, 'What are you doing for others?"

- Dr.Martin Luther King





Happenings this month: New and Renewable Energy





Happenings this month: Networking

Commissioning of Bio-methanation plants

20 nos. of 1 cum Shakti Surabhi portable Biomethanation plants were commissioned at Thattankudiruppu, Ramanathapuram District in the month of November. The programme was sponsored by BrahMos Aerospace, New Delhi.



Lifting the plant to terrace for commissioning

3 nos. of 6 cum Shakti Surabhi portable Biomethanation plants were commissioned at schools in Kanyakumari District in the month of November. The project was sponsored by DRDA, Kanyakumari



Shri.Raghupathy explaining the Do's and Don'ts to the teachers

Study Tour

30 students from J.Krishnamurthi school visited Vivekanandapuram campus on 2nd November as a part of a study tour. They learned Shakti Surabhi Biomethanation technology, Rain water harvesting and Sustainable agricultural practices etc.



Shri.Ramakrishnan interacting with the students

Study Tour

140 students from Little Flower school, Periyathalai visited Technology Resource Center on 7th November as a part of a study tour. They learned Shakti Surabhi Bio-methanation technology.



Students' eagerly observing the Bio-methanation plant



"Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity"



Happenings this month: Networking





Happenings this month: Networking

Dr.Martin Luther King

Field Visit

20 officials from Indian Overseas Bank, Nagercoil visited Vivekanandapuram campus on 9th November as a part of an educational tour. They learned Shakti Surabhi Bio-methanation technology.



Smt.Premalatha interacting with the participants

Study Tour

120 students from Shelffield Innovative School, Nagercoil visited Gramodaya Park and J.C.Bose Nursery on 19th November as a part of a study tour. Students learned Sustainable Development technologies.



Students holding earthworms in their hands for the first time

Exposure Visit

10 members from Gau Seva (Seva Bharati) visited Vivekanandapuram campus on 10th November as a part of an exposure visit. They learned Shakti Surabhi Biomethanation technology, Rain water harvesting and Sustainable agricultural practices etc.



Participants learning Azolla technology



Shri.Ramakrishnan explaining about Bio-methanation technology



"Never succumb to the temptation of bitterness"

- Dr.Martin Luther King





Happenings this month: Networking





Happenings this month: Networking

Dr.T.S.Soundram Memorial Endowment Lecture

Shri.G.Vasudeo gave a power point presentation on "Bio Village - An experiment to bring back Grama Swaraj with the help of Sustainable farming" on 18th November during the celebration of Dr.T.S.Soundram Memorial Endowment at Gandhigram Rural Institute, Dindigul. 200 participants attended the programme.



Honouring of Shri.G.Vasudeo, Secretary, VK-Nardep by the team members of Gandhigram

Inauguration of VK-Nardep stall at Vivekananda Rock Memorial

VK-Nardep inaugurated a new stall at Vivekanda Rock Memorial on 30th November. Books, Varma charts, herbal cosmetics were kept for sales. Shri.Avinashji, PRO, Rock Memorial inaugurated the stall.



During inauguration

Propagation techniques in Mango tree

We adapted layering techniques in Mango tree for propagation at our Biley Research and Demonstration field. Surprisingly the small plants giving big size fruits.





Enthusiastic visitors going through the products



"The time is always right to do what is right"

Dr.Martin Luther King





Happenings this month: Networking





Sadhana Diwas

On 19th November Sadhana Diwas was celebrated at the following places. Totally 264 members attended. Shri.V.Ramakrishnan, Shri.Hegdeji, Shri.K.Sridhar, Shri.C.Vijayaraghavan, Sis.V.Saraswathi and Smt.Parvathy attended the functions.

S.No	Venue	No. of participants		
1.	Kanagappapuram, Kanyakumari District	16		
2.	Putheri, Kanyakumari District	14		
3.	Thengamputhoor, Kanyakumari District	16		
4.	Poojaipuravilai, Kanyakumari District	25		
5.	South Therivilai, Kanyakumari District	35		
6.	Amanackanvilai, Kanyakumari District	20		
7.	Mandapam, Ramanathapuram District	35		
8.	Rameswaram, Ramanathapuram District	30		
9.	Green Rameswaram Project office, Ramanathapuram District	55		
10	Vivekananda Bhaskaram, Ramanathapuram District	18		

Village woman taking initiative for conducting the utsava



Shri.Vijayaragavan addressing the audience

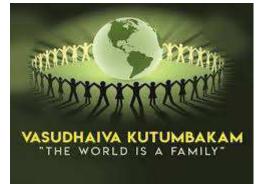


Sadhana Diwas function at Green Rameswaram Project office



"We must accept finite disappointment, but never lose infinite hope" - Dr.Martin Luther King





"SD - Vasudhaiv Kutumbakam

Planet Earth - is a single, living, pulsating entity; that the human race, in the final analysis is an interlocking, extended family vasudhaiv kutumbakam as the Veda has it. Members of the extended family do not willfully endanger the lives and livelihood of others; instead, they first think in terms of caring for others before taking an action. That is why, in order to global transmit this new consciousness, it is essential that the concept of Vasudhaiv Kutumbakam be encouraged. Sustainable Development (SD), include the uplifting (both spiritual and material) of all.



O.P.Dwivedi Professor, University of Guelph, Canada



Visions of Wisdom

Evolving Development Concepts

In evolving development concepts, we need to take a leaf out of the wonderfully efficient functioning of the human physiological system. In this development implies system, cessation of growth in certain respects and opening up in certain other respects. While animal bodies continue to grow up to a particular age, the growth of the size of the brain, the heart, liver, spleen, lungs etc. cease to grow much earlier. The growth of any of these beyond a certain measure becomes, in medical term, an enlargement problem, a disease.

> Prof.Sailendra Nath Ghosh Extracts from the paper – Development strategy for better quality of Life

Ecological Humanism

At every crisis there has to be a moral leap, an existential decision. Today that leap or decision calls itself ecological humanism.

Ecological humanism dares to offer an alternative cosmology and an alternative technology, in some respects close to Gandhian economics. Mechanistic science, "ghostly silent about what really matters", cannot be the measure of man. Not biology but psychobiology is the need of the hour.

The new imperative are really one, but may be spelt in different ways. Without a controlling vision, technological civilisation will never be safe.



Sirir Kumar Ghosh Author of "Ecological Crisis"

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