

# Echoes of Eco



February, 2022

Vivekananda Kendra- nardep Newsletter

Vol:13 No:12

**You are interested that is why you carry nonsense**

Junaid was going through the market place of the town with his disciples. And it was his way to take any situation and use it. A man was dragging his cow by a rope and Junaid said wait to a man and told his disciples 'surround this man and cow and I am going to teach something'.



Junaid asked - who is bound to whom?

Whether cow is bound to this man or man bound to this cow?

Man is the Master; Cow is the slave.

Now Junaid cut the rope. Cow escaped.

'Now look what is happening!' Now you see who is the master. The cow is not interested at all in this man. In fact, she is escaping.

The same is the case with your mind.

All the nonsense you are carrying inside is not interested in you. You are interested in it. You are keeping it together somehow. You all are becoming mad in keeping it together somehow.

Understand the futility of it and it will start disappearing.



## In this issue:

- You are interested that is why you carry nonsense
- The Happenings
- Visions of Wisdom:
  - Brahman - the basis of Ecological Ethics
  - Cosmic Religious Experience
  - Pseudo Intellectual

## *Mother Durga*



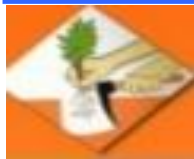
India, world's noblest race, lay whelmed in darkness. Mother, thou risest on the eastern horizon, the dawn comes with the glow of thy divine limbs scattering the darkness. Spread thy light, Mother, destroy the darkness.

Painting by: Dr. Narendra Joshi, Mumbai



**"The practice of untouchability is a sin, a blot on humanity, and nothing can justify it"**

- Veer Savarkar



**Happenings this month:  
Sustainable Agriculture**



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Sustainable Agriculture**

### **Study tour**

60 students from Dept. of Agricultural Engineering, Rohini College of Engineering and Technology, Paulkulam, Kanyakumari Dist., visited Gramodaya Park and J.C.Bose Nursery on 8<sup>th</sup> February as a part of a study tour. They learned Shakti Surabhi Bio-methanation technology and sustainable agricultural practices.



*Shri.Muneeswaran explaining Shakti Surabhi Bio-methanation technology*



*Group discussion at Gramodaya Park*

### **Study tour**

25 students from Dept. of Botany, St.John's College, Tirunelveli Dist., visited J.C.Bose Nursery on 12<sup>th</sup> February as a part of a study tour. They learned sustainable agricultural technologies.

### **Study tour**

Another group of 19 students from Dept. of Botany, St.John's College, Tirunelveli Dist., visited J.C.Bose Nursery on 24<sup>th</sup> February as a part of a study tour. They learned farming technologies.



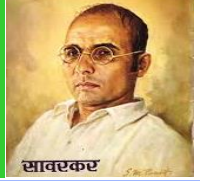
*Students posing for photograph at the terrace garden*



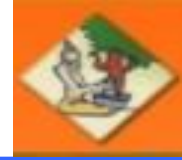


"We yield to none in our love, admiration and respect for the Buddha - the Dharma - the Sangha. They are all ours. Their glories are ours and ours their failures"

- Veer Savarkar



Happenings this month:  
Holistic Health



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Holistic Health

### Green Health

Green health home worked for 4 days. 116 patients treated. In addition, 40 people underwent Varma massage.

### Mobile Dispensary for Public

Two mobile rural dispensaries are running in villages namely Vallankumaranvilai and Peyankuzhi on every Saturday. Totally 23 patients treated. Dr.Thirunarayanan and his team works for this project.

### Workshop on Varma Bone Setting

3<sup>rd</sup> workshop on "Traditional Siddha Varma Bone setting Practices" was held on 25<sup>th</sup> and 26<sup>th</sup> February at Technology Resource Center, Anjaneyapuram. 39 Doctors, Vaidyas and students attended. Dr.V.Ganapathy and his team acted as resource persons.



Practical demonstration during the training

### National Conference on Siddha Varmam - 2022

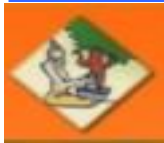
- National Conference on Siddha Varmam - 2022 with the theme Practical Applications of Siddha Varmam Adangal Methods was held on 27th February.
- 195 Siddha Doctors, Varma experts, Aasans, Vaithyars, Students, Faculties and Research Scholars from five states attended the programme
- The conference started by lighting the traditional lamp and universal prayer by Shri.Ramachandran Nair, Secretary TSiVaHA.
- Dr.C.R.Harilakhemeendra Kumar, Honorary Director of Yoga and Naturopathy, Mahatma Gandhi University, Kerala was the chief guest
- Shri.Ramakrishnan, Director, Vivekananda Kendra-Nardep welcomed the gathering



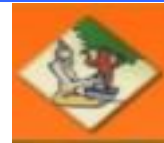
Lighting of the lamp by the dignitaries

"One country, one God, One Caste, One mind, brothers all of us without difference, without doubt"

Veer Savarkar



Happenings this month:  
Holistic Health



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Holistic Health

- Dr.G.Thirunarayanan presented the activities of Varmam Research and Resource centre and Dr.V.Ganapathy explained about vision and future activities



*Dr.V.Ganapathy explaining the vision of VKVRRC*

- Vai.Arasu Raja, President, TSiVaHA and Shri.G.Vasudeo, Secretary, Vivekananda Kendra-Nardep delivered felicitation address



*Participants empowering themselves by visiting various counters*

- Shri.Govindhan a Traditional Siddha Practitioner from Mamsapuram, Virudhunagar district has been honoured for his dedication and work in the field of Siddha system of medicine.
- Video documentation of earlier 3 National conferences on Varmam was released during the conference.
- Eight research papers were presented by PG Scholars during the conference
- 15 Traditional Varma Asans and other experts interacted with the audience by demonstrating stimulation of Siddha Varmam adangal points.
- Another highlight was the different stalls selling books and herbal medicines
- The conference ended after distribution of certificates.



*Packed auditorium*





"Oh Shivaji! This land of the Aryans has been repeatedly attacked by the Mlechaas. Please wake up! This land is calling for your help. Are you unable to hear that pleading tone of this motherland? Is it not piercing your heart? "

- Veer Savarkar



Happenings this month:  
Networking



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Networking



### Talk on All India Radio

- Shri.V.Ramakrishnan gave a talk on "Agricultural technologies" at All India Radio, Nagercoil on 14<sup>th</sup> February.
- Shri.S.Rajamony gave a talk to All India Radio, Nagercoil on 24<sup>th</sup> February on "Organic farming".

### Paper Presentation

Seminar on "Green technologies for Environment Problems" (N.S.S. Training) was organised by Rohini College of Engineering and Technology, Paulkulam, Kanyakumari Dist. on 28<sup>th</sup> February. Shri.V.Ramakrishnan gave a power point presentation on "Shakti Surabhi Bio-methanation technology". 30 students along with faculty attended the programme.



Shri.V.Ramakrishnan, Director, VK-Nardep interacting with the students

### Paper Presentation

Seminar on "Sustainable Urban and Rural Solid Waste Management" was organised by Centre for Pollution Control and Environmental Engineering, Puducherry University on 24<sup>th</sup> February. Shri.V.Ramakrishnan gave a power point presentation on "Vivekananda Kendra's experience in Bio-methanation technology". 55 members along with faculty attended this online programme.

Centre for Pollution Control and Environmental Engineering,  
School of Engineering & Technology, Pondicherry University  
presents

## GREEN UPDATES

Sustainable Urban and Rural Solid Waste Management

Vivekananda Kendra's experience in Biogas Technology (Bio-Methanation)  
Thiru. V. Ramakrishnan  
Director, Vivekananda Kendra-NARDEP,  
Kanyakumari

**Panel Discussion**  
Environmentalists, Regulatory Agency (PPCC), Implementation Agency (ULBs) and Academics  
Dr.V.Krishnan,  
Officer on Special Duty (Retd.), Directorate of School Education, Puducherry  
Shri.P. Vipin Babu,  
ENVIS Coordinator / Scientist, Pondicherry Pollution Control Committee, Puducherry  
Shri. T.Sivacoumar,  
Municipal Health Officer, Oulgaret Municipality, Government of Puducherry

**Prof.P.Elumalai,**  
Head, Centre for Green Energy Technology, Pondicherry University

**Moderator**  
Dr.S.Gajalakshmi,  
Head (i/c), Centre for Pollution Control & Environmental Engineering, Pondicherry University.

**Welcome Address**  
Dr. S. Gajalakshmi  
Head i/c, CPCEE, PU

**Vote of Thanks**  
S.Sudalai,  
Assistant Professor, CPCEE, PU

**Programme Co-ordination**  
S.Sudalai,  
Assistant Professor, CPCEE  
9894788723, ssudalai.cpee@gmail.com

(Date and Time)  
Thursday, 24 February : 2:45 - 4:15pm  
Google Meet joining info  
<https://meet.google.com/ykj-pzfg-rsx>



"Calmness in preparation but boldness in execution, this should be the watchword during the moments of crisis"

- Veer Savarkar



## Visions of Wisdom



### Brahman – the basis of Ecological Ethics

The scriptural basis for ecological ethic rests in several Upanishadic texts. The Brahadaranyaka Upanishad says: The essential self or the vital essence in man is the same as that in a gnat, the same as that in an elephant, the same as that in these three worlds, indeed the same as that in the whole universe.

This is to say that the human atman cannot be separated from the Atman existing within all parts of the universe, animate and inanimate alike.

Brahman literally means: the growing or increasing force. This Brahman force is manifest equally in the divinities of all.



**Dr. S. Cromwell  
Crawford**  
Worked as a Professor  
of the Dept. of  
Religions at University



### Cosmic Religious Experience

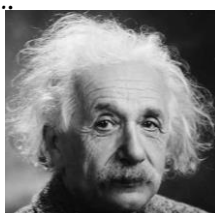
True science represents a striving to obliterate the distinction between 'me' and the 'other', an attempt to tune in with the Infinite that embraces one and all.

Einstein says: The cosmic religious experience is the strongest and noblest mainspring of scientific research....

"During that vision, in a clarified and unified view of the universe, I saw the pattern and integration of all things.

"And that is when peace came and that is when conviction came, and with these things came an almighty calm that nothing could ever shake again...."

**Albert Einstein**  
Theoretical  
physicist



### Pseudo Intellectual

A man who feigns, pretends, becomes pseudo - that is the greatest loss.

Pseudo people are bound to hear something else. They are bound to see that which is not. They are bound to miss that which is, because in their very being they have deceived themselves. Throughout their lives, they will be missing the point.

The people want to live always in the familiar and the known, because these they can have the joy of being intelligent.

People grow in age. Their bodies become older but their minds remain retarded.

**Max Ehrmann**  
Writer of a famous  
prose poem  
"Desiderata"

