

Echoes of Eco



July, 2021

Vivekananda Kendra- nardep Newsletter

Vol:13 No:05

Constant Awareness Zen story



No Zen student would presume to teach others until he had lived with his Master for a minimum of 10 years.

Tenno. Having completed his ten years of apprenticeship, acquired the rank of a teacher. One day he went to visit the Master Nanin. It was a rainy day, so Tenno wore wooden clog and carried an umbrella.

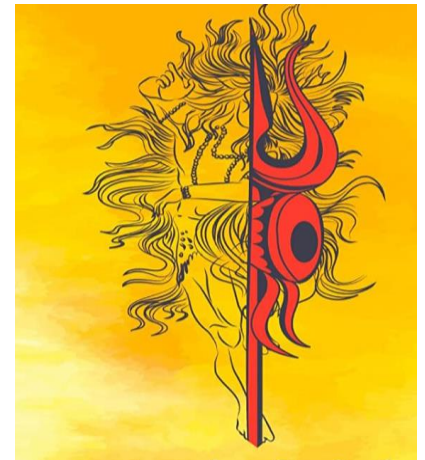
When he walked in, Nanin greeted him with "you left your wooden clogs and umbrella on the porch, did not you?" Tell me did you place your umbrella on the right side of the clogs or left?

Tenno was embarrassed, for he did not know the answer. He realized he lacked awareness. So he became Nanin's student and labored for ten more years to acquire continual awareness.



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*Aum Tryambakam yajaamahe sugandhim
pushtivardhanam |*

*Urvaarukamiva bandhanaan-
mriyormuksheeya maamritaam ||
We worship the three-eyed One,
who is fragrant and who nourishes
all.*

*Like the fruit falls off from the
bondage of the stem, may we be
liberated from death, from
mortality.*

- Maha Mrityuniava Mantra



"A person who does not have respect for time, and does not have a sense of timing, can achieve little"

- Verghese Kurien



**Happenings this month:
Sustainable Agriculture**

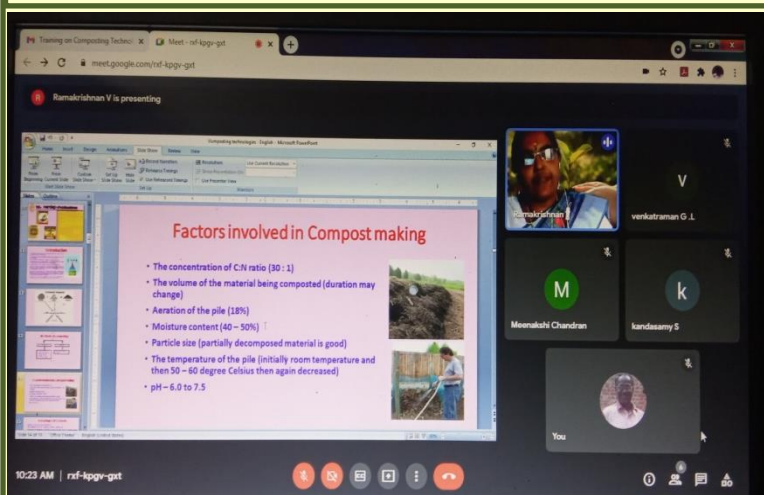


Happenings this month



**Happenings this month:
Sustainable Agriculture &
Renewable Energy Sources**

Virtual training programme on "Composting Technologies" was held on 17th July. 03 participants attended this programme. Smt.S.Premalatha was the resource person.



Power point presentation during training

Student of A.G.Patil College of Engineering, Solapur, Maharashtra started growing Azolla after undergoing training at Vivekananda Kendra - Nardep in the month of March 2021.



Green health home worked for 4 days. 98 patients treated.

Virtual training programme on "Bio-methanation technology" was held on 17th July. 05 participants attended this programme. Shri.V.Ramakrishnan was the resource person.

6 cum Deenabandhu model Biogas plant constructed and commissioned at The Southern Textile Ltd., T.Sulur, Coimbatore.



6 cum Deenabandhu model Biogas Construction is on ...



"We Indians are an extremely intelligent people but we can progress as a nation only when we learn the secret of unleashing this positive power of the people. Whenever this happens it disturbs a lot of people - because they know that a giant is waking up"

- Verghese Kurien



Happenings this month:
Networking

Happenings this month



Happenings this month:
Networking

The following programmes related with organic farming were conducted for ATMA. Dept. of Agriculture, Kanyakumari Dist. Shri.S.Rajamony was the resource person for the following programmes. 40 persons attended each programme.

Sl.No	Venue	Date	Subject
1.	Veerani, Kurunthancode Block	7 th	Organic farming
2.	Erumbukadu Rajakkamangalam Block	8 th	Organic farming
3.	Kappiarai, Thakalay Block	9 th	Organic farming
4.	Eathencadu, Kurunthancode Block	12 th	Integrated Crop Management of pulses
5.	Patterivilai, Kurunthancode Block	13 th	Organic input preparation
6.	Killiyoor Velanmai Office Munchirai Block	14 th	Organic farming
7.	Kollanvilai Thakalay Block	22 nd	Organic farming
8.	Kollanchi, Killiyoor Block	23 rd	Organic farming
9.	Pazhavilai, Rajakkamangalam Block	26 th	Waste management
10.	Putheri, Rajakkamangalam Block	27 th	Pest management
11.	Thiruvattar, Thiruvattar Block	28 th	Organic Input Preparation
12.	Melpuram Melpuram Block	28 th	Crop residue management
13.	Thiruvattar, Thiruvattar Block	29 th	Organic Input Preparation
14.	Melpuram Melpuram Block	29 th	Crop residue management



Shri.S.Rajamony interacting with the participants - Kurunthancode



Shri.S.Rajamony interacting with the participants - Eathencadu



"Any sensible government must learn to unleash the energy of its people and get them to perform instead of trying to get a bureaucracy to perform"

- *Verahes Kurien*



**Happenings this month:
Water Management**

Happenings this month



**Happenings this month:
Water Management**

A new beginning -Renovation of Srivilliputhur temple tank

In the state of Tamil Nadu is having the maximum number of temples - both big and small. Majority of the temples are having their own water tanks which has multiple usages. Unfortunately, majority of these tanks are not in good shape for the following reasons:

- No proper inlet and thus no water in the tank
- No regular de-silting and upkeep
- Converting the tank into garbage bin
- Encroachment
- No ownership by the stakeholders

Keeping the above issues in mind, Vivekananda Kendra - Nardep decided to take up a few steps like a Rama's squirrel in rejuvenating the temple tanks at a few places. We decided to make a beginning with Andal Temple of Srivilliputhur, in Virudhunagar district as it is the state symbol of Tamil Nadu.

It is located 80 km from Madurai. The temple is glorified in the Divya Prabandha, the early medieval Tamil canon of the Alvar saints from the 6th-9th centuries AD. It is one of the 108 Divyadesam dedicated to Vishnu, who is worshipped as Vatapatrasayi and his consort Lakshmi as Andal. It is believed to be the birthplace of two of the Alvars, namely Periyalvar and his foster daughter Andal.

Before starting the work, VK-Nardep team visited Srivilliputhur town on 8th April 2021 and surveyed most of the major tanks such as (i) Vadamalai kurichi tank (ii) Tiruvannamalai - Kovanagiri tank (iii) Thirumakulam (iv) Teertham inside the school (v) Nataka salai Teertham (vi) Chaktra Kulam (vii) Vaitheeswaran temple tank.

Shri.G.Vasudeo, and Shri.V.Ramakrishnan VKnardep interacted with the prominent members of Srivilliputhur before surveying the tanks. The following members joined the survey team.

- Shri. Rajaram , Saratha sewa trust
- C.Sivakumar, Bharatheeya Kisan sangh
- Shri. Ganesh - organic farmer
- Shri. Mariswamy, Local volunteer, Sewa Bharathi
- Shri.Kannan Alias Srinivasan,Tiruvannamalai
- Shri.Sangaralingam
- Shri.Vengatesh
- Srinivasana kannan, Srivilliputhur



First meeting with prominent community members on 8th April 2021



"For those who believe, no explanation is necessary; for those who do not, no explanation is possible."

- Verghese Kurien



Happenings this month:
Water Management

Happenings this month



Happenings this month:
Water Management

It was decided to develop a social capital so that local stakeholders will take up the ownership of the work to be carried out. Accordingly, the first meeting was held on 18th July. 20 volunteers attended the meeting. After deliberations, it was decided to take up the work of "Tiruvannamalai Kovanagiri Teertham Renovation". It was decided to form a committee to carry out the activities related with the renovation work. The name of the committee will be "Tiruvannamalai Kovanagiri temple tank welfare".



Shri.V.Ramakrishnan interacting with the team members during the second meeting on 18th July

As a follow up the members met on the auspicious Guru-pournima day - 23rd of July and formed the committee with office bearers and members to execute the work and sent a formal letter to Secretary, VK-Nardep.

குளங்களை தூர்வார்ப்போம்
குளநீரை பாதுகாப்போம்

திருவண்ணாமலை
கோனேரி குளம்
பராமரிப்பு நலச்சங்கம்
முனியில்புத்தூர்

அனுப்பினர்: திருவண்ணாமலை கோனேரி தீர்த்தக் குளம் பராமரிப்பு நலக் குழு திருவண்ணாமலை.

தேதி: 24.7.21

பெறுவர்: திரு. வசுகேசுலி செயலாளர் அலெக்சாந்தர் கோத்திரம் கியூகே வள்ள அறிவிக்கை கிடைக்கக் கிடைக்காமை.

பொருள்: இவ்வூர் பராமரிப்புக்கு, திருவண்ணாமலை பூனிகாசம் பொருளாக திருக்கோயிலின் பரம்பரியமாக கோனேரி தீர்த்தக் குளத்தை பராமரிப்புக்கு அனுப்பி தீர்த்தக் குளம் உறுப்பினர்கள் அனைவரும் தாழ்மையுடன் கோருகிறோம்.

நன்றி.

கியூகே செயலாளர்: N.P. சிவசுந்தர் தலைவர்



"I realised, in all humility, that choosing to lead one kind of life means putting aside the desire to pursue other option"

- Verghese Kurien



Happenings this month:
Water Management

Happenings this month



Happenings this month:
Water Management



Shri. V. Ramakrishnan is interacting with local people at Thiruvannamali on 18th July

The committee members along with volunteers did Shramadan at the Teertha site by cleaning some of the areas. After the work, they performed a beautiful Arathi on 23rd July.



Local people involved in Shramadan - cleaning work



Local stakeholders cleaning the area - believing in the concept "Cleanliness of Godliness"



Arathi of the Teertham - Gurupoornima day on 23rd July



"I am one of those who firmly believe that our cities thrive at the expense of our villages; that our industries exploit agriculture"

- Verghese Kurien



Happenings this month:
Networking

Happenings this month



Happenings this month:
Networking

Virtual Global Symposium - Cow Centric Sustainability

A virtual symposium was organised by Annadi Foundation, Coimbatore from 16th to 18th July. Shri.V.Ramakrishnan gave paper presentation on "Biogas in Rural India" on 16th July. 78 participants from all over India attended this programme.

Government officials visit

Shri.Selvarajan, Additional Director, "Entrepreneurship Development and Innovation Institute", Chennai visited our office along with Shri.Michel, Project Director, Tamil Nadu State Rural Livelihood Mission on 20th July. They appreciated our work particularly in the field of "Bio-methanation" and development of "Vermi wash" technology.



SPEAKERS



Prof. VK Vijay
IIT Delhi
National Convener - SUTRA PIC



Shri Gopalbhai Sutariya
Founder - Bansi Gir Gaushala & Gotirth Vidyapeeth



Gauranga Das ji
Director
Govardhan Ecovillage



Will Bakx
Soil Scientist &
Principal at Renewable
Sonoma



Prabhakar Rao
Trustee - Agricultural Trust
of Art of Living, Seed Keeper



Abhinav Goswami
Founder -Texas Gausahala
& VedicTree Foundation



Prof. N. Punniyamurthy
Ethnoveterinary Herbal
Medicine Expert



V.Ramakrishnan
Director - VKNARDEP



Aparna Rajagopal
Founder - Beejom Farm



Yask Kulshreshtha
PhD candidate & Global Fellow
TU Delft



Itika Gupta
Co-Founder Dunge
Award winning start-up



"Glocal": Think Global, Act Local



Shri.V.Ramakrishnan explaining about Bio-methanation technology



Our supervisor, Shri.Kathiresan gave an interview to Puthiya Thalaimurai TV, Rameswaram on 21st July on Biogas technology.

Three Final year students of B.Sc Agriculture, Gandhigram Rural Institute - Deemed to be University, Dindigul underwent Internship for 15 days at Rameswaram.





"The tragedy of India is that we frequently have no respect for Indians, for Indian efforts and for Indian successes"

- Verghese Kurien



**Happenings this month:
Networking**

Happenings this month



**Happenings this month:
Networking**

Cow related products

Shri.G.Vasudeo and Shri.V.Ramakrishnan visited "Maa Gou Products Pvt. Ltd", Kolar Dist, Karnataka and met the Trustee, Shri.Sonikaji at Whitefield, Bangalore on 26th July. It was decided to have collaboration with Shree Raghavendra Gou Ashrama Trust and to begin with VK-Nardep will keep cow related products for sale at "Harit Surabhi", Vivekanandapuram, Kanyakumari and also will organise one day camps for Panchagavya treatment before opting for manufacturing a few products such as Gou Mutra Arc etc.

"NABARD Stakeholders Meet"

It was held on 31st July at VLR Residency, Nagercoil. Shri.Selvaraj, Chief General Manager, NABARD, Chennai was the chief guest. Shri.V.Ramakrishnan and Shri.S.Rajamony attended the meeting. Shri.Ramakrishnan shared his long association and productive experiences of working with NABARD. Incidentally, Shri.Selvaraj, CGM visited VK-Nardep along with Shri.Sailesh, DDM, NABARD, Nagercoil in the morning and appreciated Kendra's work in the field of Sustainable Development.

FOR YOUR WELLNESS

**Panchagavya Products of Desi Cows
Available Here**



Manufactured & Marketed by : **Maa Gou Products Pvt. Ltd.**

Bengaluru Road, Gangapura, Yeshwanthapura Post, Malur Taluk, Kolar Dist. - 563 130
www.gouganga.com e-mail : sales@gouganga.com Help Line : +91 9611369996

Inspiration : Sri Ramachandrapura Math

"100% Profit utilised for desi cow protection"



Shri.V.Ramakrishnan addressed 75 participants of Rashtriya Sewa Bharati, Tamil Nadu State through virtual platform on 6th July. He interacted on the subject "Gou Sewa" with emphasis on the use of

cow dung, cow urine in the field of agriculture and use of biogas technology for achieving circular economy and various usages of biogas slurry for preparation of BGA, Azolla, Panchagavya, Living water, Compost tea, Effective micro organisms etc.



2021/07/31 12:24

NABARD officials at our Vermi wash yard



2021/07/31 16:30

Shri.V.Ramakrishnan talked about VK-Nardep work in front of the stakeholders



"If the situation demanded autocracy, I gave it autocracy"
 - Verghese Kurien



Visions of Wisdom



Inner Silence

Jesus Christ once said 'Let those who have eyes see and those who have ears hear'. We have eyes and ears but that is not sufficient to see and hear, something else is required without which their presence or absence makes no difference.

This something else is inner silence and the abiding quest. When these are present, then alone the mental horizons are accessible and mutual communication is possible. Once it is developed, it becomes a life companion. It is through this, we experience the eternal and the endless light of the soul, which lies hidden behind the noisy bustle of our mind.



Ageless Body

People do not grow old. When they stop growing, they become old.

Materialistic science overlooks much about human nature. We are the only creatures on earth who can change our Biology by what we think and feel. We possess the only nervous system that is a wave of the phenomenon of aging. Old lion and tigers do not realize what is happening to them - but we do. And because we are aware, our mental state influences what we are aware of. The line between biology and psychology cannot really be drawn with any certainty.



One Consciousness

J.C. Bose proved that inanimate objects like metals have fatigue. When he proved that the metals behave like plants or even human muscles, the scientists at British Science Association at Bradford were surprised. He proved that there is hardly any difference between the living and non-living and in the process he Smashed Descartes - Cartesian Philosophy - concept of Duality - the backbone of the present day materialistic philosophy. Body - Mind, Matter and Energy.

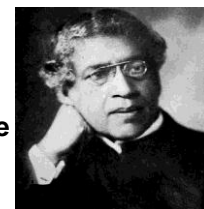
Incidentally, George Bernard Shaw dedicated his complete works to this greatest living biologist.



Acharya Rajanish
 Extracts from
 "Random Thoughts"



Deepak Chopra
 Indian-American
 author and alternative
 medicine advocate



Jagadish Chandra Bose
 Biologist, physicist,
 botanist and an early
 writer of science



"I began to see then that when the government enters business, the citizens of India get cheated. The greatest repercussion of the government entering into business is that instead of safeguarding people from vested interests, they themselves become the vested interest"

- Verghese Kurien

Coming Events



Vivekananda Kendra -nardep, Kanyakumari



Online training on "Kitchen Waste Based Bio gas plant"



Date : 21-8-2021, Saturday
Time : 02:30 PM
Fees : Rs. 200/-



For registration scan QR code or click the link

https://docs.google.com/forms/d/e/1FAIpQLScyiLTAW0h1pipnJ7UXT4V_QbnV-jm5vWn_C3U3DtDspSQkw/viewform

Bank details:

- a. Name of bank: State Bank of India
- b. Account name: Vivekananda Kendra-NARDEP Trust
- c. Account Number; 32656836156
- d. Bank place: Vivekanandapuram.
- e. IFSC code: SBIN 0003780

Any enquires Please Contact
Phone : 04652-246296, 298294
Shri. Muneeswaran, 9486942769

Get the link for the training after paying the fees



Vivekananda Kendra -nardep, Kanyakumari

Online Training programme on "Bio-pest Repellents"



Date : 21-8-2021, Saturday
Time : 10:00 A.M
Fees : Rs. 200/-



For registration scan QR code or click the link

<https://docs.google.com/forms/d/e/1FAIpQLSdadovKG3jzmjz6eYzT4Ee1IZiF-IpcUJMS-6laPnVPmqI9Ag/viewform>



Syllabus for the training

- Demerits of chemical pesticides
- Different types Bio-pest repellents
 - ❖ Neem based pest repellents
 - ❖ Other plant based pest repellents
- Pheromones and light traps
- Biological methods of pest control
- Cultural practices etc.
- Factors involving in preparation
- Storage techniques

Any enquires Please Contact
Phone : 04652-246296, 298294
Shri.S.Rajamony, 9442760672

Get the link for the training after paying the fees