



# Amudha Surabhi Trust

Self Help Group Federation



## Green Health Herbal Products

Sl.No.	Name of the Medicine	Ingredients	Therapeutic uses	Dosage	Rate
1.	Ashta Churnam	Dried ginger, Black pepper, Long pepper, Asafoedita, Black cumin seeds, Cumin seeds, Rock salt, Carum copticum	Cure for loss of appetite, flatulence, indigestion and abdominal disorders	2 to 5 grams 3 times with warm water /with food	Rs. 65/- (100 gm)
2.	Vatha Varma Thylam	Nux vomica seeds, Shorea robusta, Neem bark, Datura leaf, Borneo camphor, Sesamum oil, Coconut oil	Joint and traumatic pains, swelling and paralysis (can be used as massage oil) (External Use)	Affected parts with the oil twice a day and give hot water fermentation after gap of half an hour.	Rs.80/- (100 ml.)
3.	Makizh (Herbal tooth powder)	Acacia arabica, Clove, Quercus infectoria, Borneo camphor, Black pepper, Carum copticum, Rock salt, Borax, Red ochre, Pimpinella anisum, Triphala, crude menthol, Ficus bengalensis bark, Eugenia jambolana bark, Areca catechuchu	Strengthens gums and teeth. Cure for gum bleeding, bad smell and teeth discolouration	Use sufficient quantity with hand or brush	Rs.65/- (50gm. bottle)
					Rs.60/- (50gm. packet)
4.	Surabhi Pain Balm	Crude Vaseline gel, Yugaliptus oil, Clove oil, Menthol, Thymol, Camphor, Borneo camphor, Wax	Headache, common cold, joint pain, traumatic swelling, sprain (External use)	As per your requirement	Rs.100/- (50gm)
5.	Tejas (Herbal face cream)	Gingelly oil, Borneo camphor, Rubia cordifolia, Hemidismus indicus, Shorea robusta, Vettiver, Curcuma aromatica, Kaempferia galanga, Rose petals, Ventilago madras patna, Honey bee wax, Sandol oil, Black cumin seeds.	Pimples, black spots and discolouration of face (can be used as an after shave lotion)	As per your choice	RS.120/- (50gm.)
6.	Surabhi Sugabethy churnam (Herbal laxative)	Terminalia Chebula, Cassia senna, Trachyspermum ammi, Pimpinella anisum	Cure for chronic constipation, piles and removes gas trouble, regulates the bowels.	½ to 2 tea-spoon at bed time or early morning with warm water	Rs.65/- (100 gm)

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## Green Health Herbal Products continues

Sl.No.	Name of the Medicine	Ingredients	Therapeutic uses	Dosage	Rate
7.	Surabhi Herbal hair oil	Henna, Hibiscus, Fenugreek, Curry leaf, Jatamansi, Amla, Eclipta alba, Kaempferia galanga, Coconut oil	Cure for dandruff, hair fall, grey hair, head itching, burning sensation of eyes and body heat. It promotes the hair growth. (External use)	External Use. After bath nad drying the hair	Rs.90/- ( 100 ml)
8.	Vajram (Crack ointment)	Castor oil, Coconut oil, Honey bee wax, Shore robusta, Crude lead sulphidum	Used for cracks in palm, sole and anus fissure	External Use.	Rs.45/- ( 15 gm)
9.	Surabhi Wounds Healing Ointment	Coconut oil, Datura leaf juice, Crude copper sulphate, Honey bee wax	Used in cases of chronic wounds and ulcers, scabies, traumatic wounds	External Use.	Rs.45/- ( 15 gm)
10.	Darisanam	Drumstick leaves juice, Cumin seeds, Crude camphor, Benzoin (crude), Gingelly oil	Good for dimness of vision, burning sensation of eyes and body and improving eye sight (External use)	External Use. Apply it half an hour before bath On the crown of the head	Rs.80/- ( 100 ml)
11.	Triphala churnam	Purified T.Chebula, T.BelERICA, P.Emblica	Remedy for constipation, piles, stomach ulcer, diabetes and also as a tonic	1 to 2 tea -spoon with honey or warm water twice a day	Rs.60/- ( 100 gm)
12.	Pothigai (Herbal bath powder)	Sandal wood, Cyperus roduntus, Green gram, Psoralea corylifolia, Vettiver, Curcuma aromatica, Kaempferia galanga, Black cumin seeds, coleus ambonicus	Preserves skin health, cools the body and imparts pleasant aroma	External Use. Take sufficient quantity and use during bath	Rs.80/- ( 100 gm)
13.	Madumega churnum (Herbal diabetic powder)	Triphala, Curry leaf, Turmeric, Jambu seeds, Phyllanthus amarus, Tinospora cordifolia	Remedy for diabetes, white discharge, tiredness, burning sensation of the body and body resistance.	3 to 6 grams 3 times with warm water or milk after half an hour food	Rs.65/- ( 100 gm)
14.	Surabhi Aluppu Churnam ( cough & cold )	Tripala, trikadugu, pepper, dried ginger, flacourtia catabhrata, antrograbhis paniculata, tulsi, turmeric, carum copticum, long pepper fruit, glycirrhiza glabra,	Remedy for Cold (flu) cough, Body pain, Tiredness, Throat pain, Expectoration, Tensilitis, Sinousitis	2 to 4 grams and 3 times (morning, afternoon and night ) per day	Rs.60/- ( 100 gm)
15.	Hair Promoter Thylam	20 kinds of herbs along with Ghee and castor oil	prevents hair loss and promotes dense hair growth	Required quantity use half an hour before or after bath	Rs.85/ 100ml

### Other terms and conditions:

1. Packing and forwarding extra at actual
2. Delivery within 10days after the receipt of full payment in advance.
3. Details of our bank account are as follows:-
  - a. Name of bank: State Bank of India, b. Account name: Amudha Surabhi Trust
  - c. Account Number; 30215745142 d. Bank place: Vivekanandapuram. e. IFSC code: SBIN 0003780



Technical support

**Vivekananda Kendra - nardep**  
Kanyakumari

